

GOOD NEWS AT GRACE

Grace United Church • September 1, 2023

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'GraceUnitedTavistock'



'Grace United Tavistock'



www.graceunitedtavistock.com

Email Scam: In mid August a scam email was sent from our old Rogers email account asking for a favour and to reply to graceunitedchurch@hotmail.com. (Grace UC does not have a Hotmail account). Thanks to many of you who recognized this as suspicious, reached out and helped let others know. In response to this online hacking and scam email we wanted to send out a reminder of what to look for in a phishing scam.

The 7 Red Flags of Phishing

Phishing is one of the most common threats you can encounter online. Luckily, phishing messages can be easy to spot – if you know what you're looking for. Here are the 7 biggest red flags you should check for when you receive an email or text.

1. Urgent or threatening language: Real emergencies don't happen over email.

Look out for:

- Pressure to respond quickly
- Threats of closing your account or taking legal action

2. Requests for sensitive information: Anyone asking for personal information over email or text probably shouldn't be trusted with it, anyway.

Look out for:

- Links directing you to login pages
- Requests to update your account information
- Demands for your financial information, even from your bank.

3. Anything too good to be true: Winning a lottery is unlikely. Winning a lottery you didn't enter is **impossible!**

Look out for:

- Winnings from contests you've never entered
- Prizes you have to pay to receive
- Inheritance from long-lost relatives

4. Unexpected emails: Except the unexpected, and then send it right to the **trash.**

Look out for:

- Receipts for items you didn't purchase
- Updates on deliveries for things you didn't order

5. Information mismatches: Searching for clues in phishing email puts your love of true crime podcasts to good use.

Look out for:

- Incorrect (but maybe similar) sender email addresses
- Links that don't go to official websites
- Spelling or grammar errors, beyond the odd typo, that a legitimate organization wouldn't miss



6. Suspicious attachments: Attachments might seem like gifts for your inbox. But just like real gifts, they're not always good...

Look out for:

- Attachments you didn't ask for
- Weird file names
- Uncommon file types

7. Unprofessional design: For some reason, hiring a graphic designer isn't on a cyber criminals priority list.

Look out for:

- Incorrect or blurry logos
- Company emails with little, poor or no formatting
- Image-only emails (no highlightable text)

If you spot any of these red flags in a message:

- don't click any links
- don't reply or forward
- don't open attachments

Delete the **email or text**, or reach out to the sender through a different channel if you're not sure.

Get more tips to protect yourself and your devices at: GetCyberSafe.ca

Upcoming Services and Dates

Sept. 3rd: 10:30 am Worship Service in Zion Hall led by Rev Marg Smith. The service will be an old hymn songfest. Worship will not be recorded. All are welcome for a light snack, refreshments and social time in Zion Hall following.

Sept. 5th: 1:30 pm UCW. Roll Call: Name your favourite hymn.

3:30 pm Zoom Staff Meeting

Sept 6th: 7:00 pm Sunday School Teachers Meeting

Sept 8th - 10th: GUC Fall Fair food booth

Sept. 10th: 10:30 am Worship service in Zion Hall led by Rev. Marg Smith. Worship will not be recorded. All are welcome for a light snack, refreshments and social time in Zion Hall following.

Sept 11th: 7:00 pm Session Meeting

Sept 13th: 10:00 - 11:30 am Sit n' Knit Stay n' Crochet

7:00 pm Worship Committee Meeting

Sept 17th: 10:30 am Worship Service held at Camp Bimini. Sunday School resumes.

Sept 20th: 7:00 pm Board Meeting

All dates and events can be found on our website calendar as well.



Link to the calendar: [GraceUC Calendar](#)

Contact us

Rev Marg Smith cell 289 926 0707 margsmith@rogers.com

Carol Young cell 519-301-1356 tavigraceyouth@gmail.com

Office 519 655 2151 graceunitedtavistock@gmail.com

E-transfer donation email gracetavistockdonation@rogers.com

Office Hours (please call ahead for an appointment)

Rev. Marg Smith, Thursdays 9:30 - 3:30 pm

Katherine Brenneman, Thursdays 9:30 - 2:30 pm

Do you have a prayer request?

"In all things let your requests be known to God in prayer." (Philippians 4:6)



Grace has a group of wonderful and dedicated people that form a prayer chain. If you, or anyone you know is in need of prayer, please reach out to the chair of Grace PCO, Bev Neeb 519 655-2695, or Rev Marg Smith 289 926 0707 and we will begin praying for you.

- ✝ pray for Tricia Wettlaufer and family as they mourn the passing of Doug Wettlaufer.
- ✝ pray for Brenda Mohr as she copes with health issues.
- ✝ pray for Keith Weitzel as he deals with health issues.
- ✝ pray for Brian Gerber as he struggles with health issues.
- ✝ pray for Marg Pletsch as she deals with health issues.
- ✝ pray for Laverne McBurney as he deals with health issues.

Sit n Knit, Stay n Crochet is beginning WEDNESDAY, SEPTEMBER 13, 10-11:30 am in Knox Parlour and will be meeting every other Wednesday. Knitters and crocheters of all ages, stage and abilities welcomed! We can even teach or help! For more information, ask Carol Young tavigraceyouth@gmail.com or 519-301-1356.

Grace UC Booth at the Tavistock Fall Fair Sept 8 - 10



The committee for the Grace UC fall fair booth has been working diligently and is happy to report that things are falling nicely into place. It has been a learning experience but a good one. The previous committee left great notes which provided lots of guidance, so many thanks to them. Thanks also to those folk who have volunteered to bake cookies and/or muffins, work at the booth, donate coffee and help move our items to and from the fair. Many hands make light work. See you at the fair.



SOLD OUT.

Bus trip on Sat. Sept 30th Blue Jays vs. Tampa Bay. Thanks to everyone who purchased a ticket!

Bus leaves Grace parking lot at 12:00 pm. Game time 3:07 pm.



Christian Resource Centre

The United Church of Canada

Good morning friends,

We just wanted to let you know that any of the books and church supplies available at the United Church Resource Distribution Centre-UCRD, are also available from us, your local non-profit WOW and ARW Christian Resource Centre at 29 Ontario Road, Mitchell (hpprc@quadro.net).

You can order items from us by emailing us at the above email address, calling 1-519-348-9261, messaging us on Facebook "Christian Resource Centre" or using the [contact us](#)

Form on our website www.wowresourcecentre.ca

Once ordered, we will let you know when the item has been received at our store so you can pick up in Mitchell or ask us to deliver it to the Centre for Practical Theology, Fairmont site at 29 Tweedsmuir Avenue, London so you are able to pick it up there if it is more convenient.

All books that are being used in the Moderator's book studies – MODSQUAD - are also available to order through your Mitchell and London Christian Resource Centre using the different methods mentioned above. [The Mod's Book Squad List](#) is available here.

PLEASE KNOW THAT BY PURCHASING AND PICKING UP THESE ITEMS AND ANY OTHER BOOKS/BIBLES, CHURCH SUPPLIES AND GIFT ITEMS FROM OUR CHRISTIAN RESOURCE CENTRE, MITCHELL OFFICE OR CPT FAIRMONT SITE IN LONDON, YOU ARE HELPING TO KEEP OUR LITTLE GEM OF A LOCAL STORE OPEN AND ANY SHIPPING COSTS THAT YOU WOULD HAVE INCURRED FROM THE UNITED CHURCH RESOURCE DISTRIBUTION CENTRE/UCRD.

Bless you for having faith in us and supporting our Resource Centre that has been serving you for over 40 years

Sincerely,

Gayle Coleman, Store Manager

About the Flourishing Project

From Covid-19 to the climate crisis, labour and housing shortages and supply chain disruptions – the world has restructured around us. Much about life seems unsettled. People are short-fused, frustrated, fearful. We instinctively take our eyes off the horizon to focus on what is in front of us. While important for survival, it means we lose sight of the big picture; our future happens to us while we're making other short-term plans.

Flourishing means living a good, fulfilling life, a life with a sense of purpose. What does it mean to flourish in a post-Covid world? How do individuals and communities flourish and thrive, instead of simply survive?

To flourish, we need to dream in ways that inspire tangible actions so individuals and communities across the nation and the world can flourish. We need solutions to particular challenges, and also invitations to collaborate so we can address them.

We need bold ideas.

To flourish, we need a strong social fabric. We need to be rooted in a sense of place, a sense of belonging. We need structures that work for everyone, a strong local economy and community.

We need daring connections.

The Moderator, The Right Rev. Dr. Carmen Lansdowne, seeks to engage both church and broader Canadian society in this question of flourishing, and how it could influence our future. With the goal of enhancing "flourishing" in church, among our leadership, and within the broader community, the Moderator is on a three-year journey to engage the nation on the big questions.

To find out more, email flourishing@united-church.ca



**Community Breakfast Workshop
Better Understanding Mental Health Issues
For Children and Young Adults and their Impact on Families**

Hosted by The East Zorra Mennonite Church, Health Ministry Team
In Partnership with
Interfaith Counselling Centre (ICC) New Hamburg, ON

**Saturday Morning, September 16, 2023
In Quehl's Banquet Hall**

**8:30 a.m. Continental Breakfast
Presentation 9:00 a.m.**

**Community Agency Displays and
Networking available following presentation
(Event will finish by 11:00 a.m.)**

Guest Speaker: Cathi Watson RSW, MDiv
Counsellor with ICC

Come join us for breakfast and learn more about the mental health challenges facing children and young adults and what supports are available in our community.

Cathi Watson, a therapeutic counsellor at Interfaith Counselling Centre, will provide information and facilitate conversation about signs and symptoms of some mental health issues which affect children, adolescents, and young adults; who can diagnose these illnesses; and where to go for help. Additionally, we will talk about the impact of mental health illness on parents, siblings, and the extended family and the importance of families also getting support."



**To Register for this Free Event please call or Email Heidi Wagler,
Faith Community Nurse at
519-274-4822 or heidi@ezmennonite.ca**

If you would like to donate towards this worthy cause to jointly help cover expenses and in support of T.A.P (Tavistock Assistance Program) you can E- transfer treasurer@ezmennonite.ca. Cash or Cheque accepted made payable to East Zorra Mennonite Church (Subject: Community Breakfast Workshop)

September Birthdays and Anniversaries

Happy birthday to:

Jesse Weicker - Sept 1
Jacob Mohr - Sept 1
Ellie Shantz - Sept 2
Olivia McKay - Sept 7
Claudette Wettlaufer—Sept 8
Greg Shewfelt - Sept 8
Justin Wettlaufer - Sept 10
Andrea Green - Sept 11
Tade Ankenmann - Sept 11
Chris Green - Sept 12
Shirley Binkle - Sept 13
Rowan McKay - Sept 13
Tovah Bean - Sept 14
Matthew Shantz - Sept 16
Melissa Kaufman - Sept 18
Bill Ball - Sept 21
Amanda Wilson - Sept 23
Wesley Weitzel - Sept 27
Joanne Cortes - Sept 27
Torja Shantz - Sept 28
Elizabeth Gillespie - Sept 30



Happy anniversary to:

Mark and Laurie Bartlett - Sept 13
Ron and Jennifer Flach - Sept 13
Andrea and Peter Jutzi - Sept 20
Randy and Dianne Harris - Sept 21
Ron and Linda Ashcroft - Sept 23
Kari and Sean Gow - Sept 24
Allen and Lori Schmidt - Sept 24



**Sunday, August 13th
Ecumenical Service in the
Park.**