

# GOOD NEWS AT GRACE

Grace United Church • May 6, 2022

116 Woodstock St. S. PO Box 189 Tavistock ON N0B 2R0 • [graceunitedtavistock@gmail.com](mailto:graceunitedtavistock@gmail.com) • 519-655-2151



'GraceUnitedTavistock'



'Grace United Tavistock'

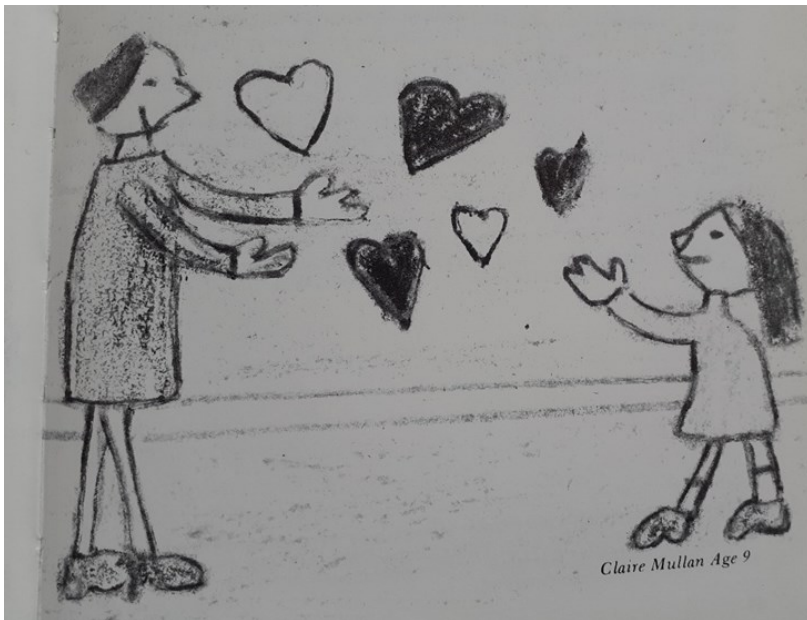


[www.graceunitedtavistock.com](http://www.graceunitedtavistock.com)

Blessings,

This weekend we celebrate Mother's Day. Sometimes in the church we call this Family Sunday because we are aware that Mother's day can be a difficult celebration for some. We recognize that some may be grieving the loss of their mothers; some may have had strained relationships with their mothers, or be separated from their mothers; some may be struggling to become a mother; some may be grieving the loss of a child.

But, I think it is fair to say that we have all been a child at sometime, and there have undoubtedly been some mother figures in our lives. So, today I want to share with you some children's perspectives on being a mother, taken from a book "To Mum." (Yes it is a British book, hence Mum, not Mom). I hope they make you smile.



*'A mum is a helper, a finder of lots of things; a pocket money giver, and angel without wings.'* (age 8)

*'Mums are always busy but never too busy to give you a quick cuddle.'* (age 9)

*'My Mum is nice to sit on. She's nice and soft and bouncy.'* (age 7)

*'When other friends have deserted you, Mum is always there.'* (age 14)

*'A mum is someone who will ask Dad if you can go on a school journey, when he has already said no.'* (age 13)

*'My Mum isn't really a beauty queen, but in my heart she is the prettiest woman in the world.'* (age 10)

*'Imagine if there was a mother's strike – the world would be in the biggest mess of all.'* (age 15)

*'A mother is a loving angel. Between her arms you find warmth and love which you can never find anywhere else.'* (age 16)

*'A watchful eye, a gentle touch; that happy laugh we love so much*

*In every home, there is no other, who loves and cares just like a mother.'* (age 12)

Thank you to all the mother figures in our lives!

Peace, Rev. Gail

## Upcoming Services and Dates:

ALL SERVICES CAN BE VIEWED ON GRACE YOUTUBE CHANNEL, WHICH CAN BE  
ACCESSED THROUGH OUR WEBSITE: [www.graceunitedtavistock.com](http://www.graceunitedtavistock.com)

**May 6th - 8th:** Western Ontario Waterways Regional Council Spring Conference

**May 8th:** 10:30 am Worship Service 'Christian Family Sunday' led by the UCW

Sunday School - Zion Hall

**May 10th:** 5:00 pm M&P - Knox Parlour

**May 15th:** 9:30 am Choir Practice

10:30 am Worship Service 'A New Vision'

Sunday School - Zion Hall,

11:30 am Dedication of New Sign

**May 18th:** 10:00 - 11:30 am Sit n' Knit, Stay n' Crochet

7:00 pm Board Meeting

**May 19th:** 7:00 pm Choir Practice



Thank you to UCW for leading the service this Sunday  
May 8th while Rev. Gail is away with WOW Regional  
commitments.

This year marks the 60th anniversary of United Church  
Women. Happy anniversary!

## Do you have a prayer request?

*"In all things let your requests be known to God in prayer."* (Philippians 4:6)

Grace has a group of wonderful and dedicated people that form a prayer chain. If you, or anyone you know is in need of prayer, please reach out to our Minister, Rev. Gail, or to the chair of Grace PCO, Bev Neeb, and we will begin praying for you.

- ◇ Pray for Sherman Kropf as he struggles with health issues
- ◇ Pray for Shirley Binkle as she had surgery



### Contact us

Rev. Gail Fricker:

cell number 519-703-1954

[gfricker@rogers.com](mailto:gfricker@rogers.com)

Carol Young:

cell number 519-301-1356

[tavigraceyouth@gmail.com](mailto:tavigraceyouth@gmail.com)

Office Email: [graceunitedtavistock@gmail.com](mailto:graceunitedtavistock@gmail.com)

E-transfer donation email: [gracetavistockdonation@rogers.com](mailto:gracetavistockdonation@rogers.com)

### Office Hours

Rev. Gail Tues to Thurs 10:00—3:00 pm

Katherine Brenneman Tues. and Thurs. 9:30 – 12:30 pm

### Care and Communication Team

Rev. Gail 519 703 1954

Jean Lowe 519 655 3205

Elizabeth Halliday 519 655 2246

Mary Ann Krantz 519 272 4072

## Mental Health Week – May 2<sup>nd</sup> - 8<sup>th</sup>.

**5 Simple Things You Can Do** to make the world a better place for people with mental health challenges and their families

- 1. Be a friend.** Provide companionship and compassion on the road toward recovery. Offer a ride to church or to a local support group. Listen without judgement. Pray for those you know with mental health challenges, substance use disorders, and for their family members.
  - 2. Share your story.** Has mental illness impacted you or your family in some way? Your story may empower others to seek treatment or have hope.
  - 3. Watch your language.** Pay attention to the words you use and avoid stigmatizing labels. Do not refer to people as “crazy,” “psycho,” “lunatic” or “mental.”
  - 4. Be a “StigmaBuster.”** Challenge negative attitudes toward mental illness among your friends and acquaintances and in the media.
  - 5. Learn the facts.** Educate yourself about the various mental health challenges, substance use disorders, neurodevelopmental differences, and other brain disorders.
    - Check out the resources at the UCC Mental Health Network ([www.mhn-ucc.org](http://www.mhn-ucc.org)),
    - take a Mental Health First Aid class and host one at your congregation for the larger community.
    - Offer a class or a support group with the National Alliance on Mental Illness ([www.nami.org](http://www.nami.org)) and check out the facts at
- Some helpful resources include:
- the National Institute of Mental Health ([www.nimh.nih.gov](http://www.nimh.nih.gov)),
  - the Alzheimer’s Association ([www.alz.org](http://www.alz.org)).
  - Visit the Mental Health Commission of Canada for education, supports and programs related to mental wellness <http://mentalhealthcommission.ca/>

## Mother’s Day Cards – Back by Popular Demand

This Mother’s Day, do you want to honour your mother, remember a mother, reach out to someone who finds Mother’s Day hard, or celebrate different kinds of family – and support Mission & Service at the same time? Once again this year, when you make a gift through Mission & Service, you can send a Mother’s Day e-card in honour, memory or celebration. To make a donation, and to send an electronic e-card - click on this link: [card/donation site](#)



**In Wellness and Love:** As a community of faith, we are a family. Our concern for each other includes a desire to keep us all well and safe. For this reason, the Grace United Board have decided that we will continue to require all people to wear masks during worship and meetings at Grace. The only exception is for the worship leaders and choir members, or those singing into the microphones. Thank you for your participation in keeping us all safe.



## **Message from M&P:**

No doubt many of you will be concerned about what will be happening on Sundays at Grace United once Rev Gail preaches her final sermon on June 5th. Please rest assured that your Worship Committee has everything under control. With a combination of Pulpit Supply, Licensed Lay Worship Leaders, Youth/Sunday School, some of our congregation members, and our usual summer Visiting Sunday and Service in the Park you will find lots of meaningful and challenging thoughts brought to you each Sunday throughout the summer months.

The Ministry and Personnel Committee are currently working on the required documentation for the appointment of a supply Minister. Once this is submitted and approved by the Region we will need to form a small search committee to review applications and interview candidates for this appointment. We hope to have this in place for the beginning of September.

We will definitely keep you updated as to our progress. If you have any questions please feel free to contact any of the members of the M&P Committee.

Chris Wiffen, Carol Shewfelt, Joan Bartlett, Suanne Wettlaufer, Tory Zehr



*Send us your spring flower pictures*

**Grace is looking for a volunteer for the summer!** We are in need of someone who would be able to mow the lawn around the church building. We do have a lawn mower on site but you are welcome to bring your own. This is a great opportunity for high school students to get their volunteer hours.



Many thanks to Randy Harris for looking after lawn mowing duties last summer.

Please contact the property committee of the Board, John Markle, Dale Brenneman, Doug Shirray

### **The board is looking for feed back from our Community of Faith:**

At our recent meeting the Board received a letter of retirement from our Tavistock Fall Fair Food Booth Committee. We would like to extend a sincere thank you to Marcia Bender, Brenda Mohr, Carol Shewfelt and Deb Stevely. This committee has worked hard at this community fundraising initiative for the past 20 years!!! Amazing!

Now it's time to look to a new group of volunteers. The board would like to know if there is a group at Grace who would be willing to take on and organize the fall fair food booth fundraiser. The committee has lots of detailed notes to help out and would be happy to let you know what is involved. Grace would have to let the Tavistock Agricultural Society know of our intention by June.

In the past this has been a valuable fundraiser for the church, the last year we ran the booth in 2019 we raised approximately \$2500. And had a great time out in the community. We would love to hear some feed back from our Community of Faith.



## **SAVE THE DATES!**

**May 15<sup>th</sup>:** Join us as we **dedicate the new lawn sign** that was donated by the Brown family. After a dedication in the sanctuary, we will all move out front to cut the ribbon, followed by refreshments in Zion Hall.

**May 29<sup>th</sup>:** You won't want to miss the entertaining music of **Kiley Joe Mason**. It will be a fun concert of rocking Gospel music and old time Hymns. A good time to sing and clap along! Get your tickets NOW - see poster for details.

**June 4<sup>th</sup>:** Grace will be taking part in the **community wide yard sale**. Details will be in the bulletin soon about drop off times and dates, so start collecting up items now. We have volunteers that have offered to do refreshments and help with the Bar B Q. Susan Pellow and Mary Boland have agreed to help organize the items.

We are still looking for the following:

- ◆ 2 or 3 more volunteers to organize the items on Thurs 2<sup>nd</sup> and Fri 3<sup>rd</sup> – please contact Susan Pellow
- ◆ 2 or 3 more volunteers to help sell on Sat 4<sup>th</sup> – please contact the office
- ◆ A volunteer to supply and run the Bar BQ

# GREAT ENTERTAINMENT

## Kiley Joe Mason!

### A CONCERT OF GOSPEL AND HYMNS

at Grace United Church  
**SUNDAY MAY 29TH**  
**3.00-4.30PM**

TICKETS \$20

(INCLUDING REFRESHMENTS)

Order by phone: 519 655 2151

Order by email:

graceunitedtavistock@gmail.com



With Special Guest  
GRAYSON

