

GOOD NEWS AT GRACE

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'GraceUnitedTavistock'



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www.graceunitedtavistock.com

To you, O Lord, I lift up my soul. - Psalm 25:1

I wonder how long the psalmist lingered over that opening line:

"To you, O Lord, I lift up my soul."

Perhaps the writer moved quickly to the next verse: *"O my God, in thee I trust."* But maybe it took a while before he could pen those words of faith.

The psalmist also wasn't feeling much trust in others when he penned these words: *"Let not my enemies exult over me."*

Feeling besieged by the malevolence of others can make it hard to trust the Almighty. Perhaps we are feeling like that now as we are surrounded by news of war, violence, and lust for power. Perhaps like the psalmist, we wonder if God has forgotten us. The writer prayed and pleaded with God: *"according to thy steadfast love, remember me."*

But by the tenth verse of Psalm 25, the psalmist affirmed God's goodness and proclaimed that *"all the paths of Lord are steadfast love and faithfulness."* I'm not sure that's where the writer began. But, maybe the first simple step on that path was by lifting up their soul to the Lord.

Perhaps this Lent, that's where some of us will begin our journey, too. Not with songs of praise or affirmations of deep trust, but simply by lifting our souls to God. Maybe we do it with fingers crossed, hoping something good will come of it. The important thing is that we *do* it.

Join with the ancient psalmist and say, "Here's my soul, Lord, in whatever shape it's in. I lift it to you." That's the first step of Lent's journey.

May God grant us the courage to take it.

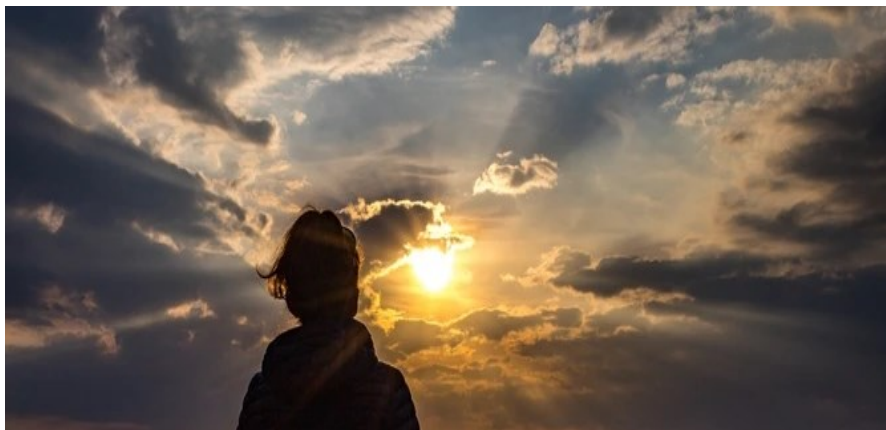
To you, O Lord, we lift our souls.

In you, O Lord, may we find ourselves.

With you, O Lord, may we find our way.

Amen.

Peace, Rev. Gail



Upcoming Services and Dates:

ALL SERVICES CAN BE VIEWED ON GRACE YOUTUBE CHANNEL, WHICH CAN BE ACCESSED THROUGH OUR WEBSITE: www.graceunitedtavistock.com

2:00 am March 13th Daylight Saving Time begins



Mar. 13th: 10:30 am In person Worship: Lent 2 - Letting Go, Spring Cleaning

Mar. 14th: 7:00 pm Lent Bible Study - Zoom

Mar. 15th: 2:00 pm Lent Bible Study - Knox Parlour
7:00 pm Worship Team Meeting - Zoom

Mar. 16th: 10:00 - 11:30 am Sit n' Knit, Stay n' Crochet - Knox Parlour
5:45 pm Care and Communication Team meeting - Knox Parlour
7:00 pm Board Meeting - Zion Hall

Mar. 20th: 10:30 am Worship Service: Lent 3 - Are you Ready to Grow ?

Mar. 21st: 7:00 pm Lent Bible Study - Zoom

Mar. 22nd: 2:00 pm Lent Bible Study - Knox Parlour
7:00 pm Pastoral Care and Outreach Meeting - Knox Parlour

Mar 23rd - 27th: Rev. Gail on Study Leave



Grace Calendar is Online: A reminder that as our church activities and events start up again you can keep track of it all on our online calendar. Please visit our website and go to the calendar tab:

<https://www.graceunitedtavistock.com/calendar.html>

Click on any service or event to see more details.

Contact us

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tavigraceyouth@gmail.com

Office Email: graceunitedtavistock@gmail.com

E-transfer donation email: gracetavistockdonation@rogers.com

Office Hours

Rev. Gail Tues to Thurs 10:00—3:00 pm

Katherine Brenneman Tues. and Thurs. 9:30 – 12:30 pm

Care and Communication Team

Rev. Gail 519 703 1954

Jean Lowe 519 655 3205

Marcia Bender 519 655 2047

Marianne Ruby 519 274 1422

Elizabeth Halliday 519 655 2246

Mary Ann Krantz 519 272 4072

United Church of Canada Ukraine Appeal



The invasion of Ukraine is costing precious lives and creating a humanitarian crisis as people flee to safety. Over a million people, displaced from their homes, are seeking refuge in neighbouring countries. Many have lost friends, loved ones, and property; struggle to meet their basic needs; and face an uncertain future. United Church Mission & Service partners are responding to the rapidly unfolding crisis—[visit our website](#) to find out how you can show your support and make a gift. Or see information below to support Mission and Service.

United Church Mission & Service partners are responding to the rapidly unfolding crisis. You can help. Right now, **people urgently need shelter, clean water, food, and medical attention.** Please show your support by making a gift today.

Donate Now

Online via our [secure donation page](#).

Phone 416-231-5931 or toll-free 1-800-268-3781 ext. 2738 and use your Visa or MasterCard.

Send a cheque or money order to:

The United Church of Canada

Philanthropy Unit - Emergency Response

3250 Bloor Street West, Suite 200

Toronto, ON M8X 2Y4

Please be sure to note "Emergency Response—Ukraine" on the face of your cheque.



**If you wish to make a donation to help Ukraine
you can also do so by:**

1. On line through the Red Cross -

[Donate to the Ukraine Humanitarian Crisis Appeal](#)

Do you have a prayer request?

"In all things let your requests be known to God in prayer." (Philippians 4:6)

Grace has a group of wonderful and dedicated people that form a prayer chain. If you, or anyone you know is in need of prayer, please reach out to our Minister, Rev. Gail, or to the chair of Grace PCO, Bev Neeb, and we will begin praying for you.



- ◇ Pray for Norma Kaufman as she continues to recuperate at St. Marys Memorial Hospital
- ◇ Pray for Ivy Francis who is in transitional care at Crescent Care Woodstock
- ◇ Pray for Gail Woolcott who is at home with the shingles

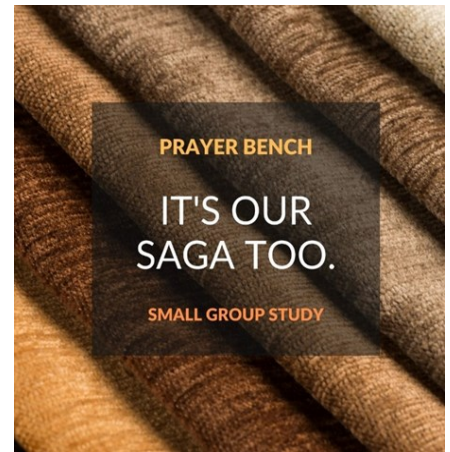
Join me to Journey in Lent - Study Group has started

This five-week Lent Small Group Study weaves the saga of Joseph with the journey of Jesus to the cross. Using readings from Genesis and Luke, it invites us to reflect on the related life themes of violence, grief, challenges, and forgiveness.

Each session will have a short audio recording, a scripture to reflect on, a time of discussion, and a group spiritual practice. The 5 week study will be offered both on in person on Tuesday afternoons 2-3.30 (March 8—April 5), and on zoom on Monday evenings 7-8.30 (March 7—April 4).

[Zoom Link](#)

Meeting ID: 867 8400 0470 Passcode: 289202



LENT 2022

Throughout Lent, we invite you to support Camp Bimini. Camp Bimini will be celebrating 75 years of ministry with youth and children this year. As a cabin sponsor, Grace UC has some responsibilities for the cabin—the cabin needs a fresh coat of paint outside and inside with a cost of approximately \$750. It's time to raise that money!

SO WHAT TO DO?? Each Friday, there is a task for you. Write the amount for each Friday in the space provided and then add everything up. At the end of Lent (Easter), please forward your Lenten collection to Camp Bimini! You can mail a cheque (Payable to CAMP BIMINI with LENT COLLECTION—GRACE UC in the memo) OR Etransfer to campbimini@cyg.net (with LENTEN COLLECTION—GRACE UC and your address in the messages section) or you can simply give your money to Carol Young. Receipts will be issued from Camp Bimini. You can choose to do this as a family or as individuals. Use your own judgment to determine amounts. You may choose to give a donation of your choice to the camp at this time as well.

MARCH

11

Ever feed a hungry camper?? Everyday in July and August, we make 120 meals, 3 times a day and provide 2-3 snacks per day. That's a lot of food!! In fact we use over 300 litres of milk per week! Give 50 cents for every litre of milk your household uses per week.



CAMP BIMINI A Drive-Thru Dinner on Sunday, March 27, 2022 from St. Marys United Church parking lot! Featuring: A Fusion of Global Flavours
ROTINI THAI SALAD--MINI ROTINI PASTA WITH DICED TOMATOES, CUCUMBERS, PEPPERS, AND MINI CUBES OF MOZZARELLA IN A TANGY THAI DRESSING

IRISH GOULASH--CUBES OF AAA CANADIAN BEEF SEASONED WITH EASTERN EUROPEAN FLAVOURS SIMMERED IN RICH BEEF STOCK WITH CUBED POTATOES AND VEGETABLES
DESSERT FROM OUR COMMUNITY A SURPRISE DESSERT, LOVINGLY BAKED BY OUR GREAT VOLUNTEERS

ADVANCED TICKETS ONLY for ticket purchase:

<https://campbimini.ca/event/drive-thru-dinner/>

Call Susan 519-440-2908 with your questions.

ADULTS \$20, 12 YEARS AND YOUNGER \$10 PICK UP TIMES BETWEEN 4:45 and 6:00 pm

Grace's "Creative in COVID" AUCTION UPDATE!

BIDDING ENDS MIDNIGHT SATURDAY!

The Auction is all ready to view on line! To view the items, just click on this link:

<https://www.32auctions.com/GraceUnited>, and follow the prompts to create a login page. A paper copy of the full list has been sent out to those who requested.

The bidding has begun and will end at midnight on Saturday March 12th. If you place any bid, you will be notified if you get outbid and asked if you wish you place another bid.

Items are on display at the church in Zion Hall for viewing and bidding (for those that can not bid online.)

All bidding will be online, but if you do not have access to internet, then you can call or text in your bid by phoning/texting Rev. Gail (519 703 1954) and she will place your bid for you, and keep you posted if you get overbid. All winners will make their payment through the church - NOT online. You can pay and pick up items after church on Sunday 13th March

Please spread the word by sending the link to all your friends – and have some fun!

Note: baking items are made to order. Other food items will be available after March 12th.



ONLINE AUCTION

GRACE UNITED CHURCH

Sharing our Creative Gifts

baking / artwork / home decor / gift cards
charcuterie boards / puzzles / handmade items

WWW.32AUCTIONS.COM/GRACEUNITED

AUCTION OPENS
FRIDAY, MARCH 4TH @ 9 AM

AUCTION CLOSES
SATURDAY, MARCH 12TH @ MIDNIGHT





CROCHET SQUARE PROJECT: Reminder Squares are due March 31

<http://tavistockfallfair.com/exhibits/>

What is it?: The Tavistock Agricultural Society is promoting a community project to encourage artistic flair, crafting talent, and involvement in supporting the Fair event for 2022! If you can crochet, we ask that you crochet a 12-inch square and submit it to be assembled, with other squares, to make an afghan(s) that will be sold as a fundraiser. This is not a competition, and no prizes will be awarded.

Eligibility: All area residents, young and old, are eligible to enter. You may enter as many squares as you like.



Criteria for Entries:



1. All entries must be clean and smoke/perfume free.
2. The yarn used must be acrylic, worsted weight and any colour of your choice.
3. The square should be blocked and measure 12-inches square when completed.
4. Entries must be primarily crocheted, but other fiber, needle and crafting arts may be incorporated in your design. The overall impression must be crochet.

How to Enter:

- ◇ Print your name, address and phone number on a piece of paper or card and attach this to your crocheted square.
- ◇ Your entry(s) can be taken to the home of Julie Kimpel at 176 Hope St. E in Tavistock. Phone (519)590-1617 **or**
- ◇ Call Janet Heinbuch at (519)273-4327 to make other arrangements for pick-up.
- ◇ All entries must be submitted by March 31, 2022.
- ◇ All entries become property of the Tavistock Agricultural Society.



The desire to create is one of the deepest yearnings of the human soul

~Elder Uchtdorf

POPE FRANCIS' WORDS

Do you want to fast this Lent?

- Fast from hurting words and say kind words.
- Fast from sadness and be filled with gratitude.
- Fast from anger and be filled with patience.
- Fast from pessimism and be filled with hope.
- Fast from worries and trust in God.
- Fast from complaints and contemplate simplicity.
- Fast from pressures and be prayerful.
- Fast from bitterness and fill you heart with joy.
- Fast from selfishness and be compassionate to other
- Fast from grudges and be reconciled.
- Fast from words and be silent so you can listen.

Congratulations to Team Unity Intermediate Synchro Team from the Tavistock Skating Club

On February 26-27 Team Unity travelled to Calgary, Alberta to compete at the Skate Canada National Synchro Championships. They received the intermediate silver medal. The team skated a team best in their second program to earn the silver medal. Many team parents were able to travel and support Team Unity in Calgary—Katherine Brenneman was away from the office here at Grace last week to support her daughter Larissa.



Team members: Allyson Barbour, Lilly Bender, Callie Brenneman, Larissa Brenneman, Kathryn Giles, Melanie Giles, Alaina Hartman, Annabelle Hendry, Jorja Koot, Samantha Lawrence, Sariah Mehta, Ella Naughton, Alyssa Podann, Clara Roth, Shelby Vanderhydoen, Reegan Ziegler, Coach Tara Wilkins.

If you are interested their second skate is available for viewing on YouTube

<https://www.youtube.com/watch?v=WqjZ2KW4Xyg>