

GOOD NEWS AT GRACE

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'GraceUnitedTavistock'



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www.graceunitedtavistock.com

Blessings All,

So, it is Olympic season, and one thing that I love to watch is figure skating.

But, this year, as I watch our Canadian pairs figure skater, **Vanessa James**, I can't help wondering about the lack of diversity. While we often see a high representation of BIPOC community (Black, Indigenous, People of Colour) on the running track, have you ever stopped to question why we do not see many on the ice rink? In fact, there have only been three black skaters at this competition level: **Elladj Baldé** and Vanessa James (from Canada) and **Maé-Bérénice Méité** (from France).



Now, while this might not be of concern for you – what about if you were a BIPOC child that had a dream of being a figure skater? Where are your role models? Vanessa James, a native of Scarborough Ontario, says, *"It means a lot to me to be that representation for young girls and boys. If this is the first time they're watching figure skating, it would be a shame for them to look at the sport and say, 'There's nobody who looks like me.'"*

James actively became involved in Figure Skating Diversity and Inclusion Alliance (fsdia.org) – an organization founded by Elladj Baldé (who moved to Quebec at 2 years old.) The program is aimed to promote greater diversity to the sport. James says: *"The whole goal is to motivate kids of color to want to skate, know that they're capable and also provide the resources. We're also trying to promote change so that skating can retain these skaters."*

James began the Big Skater/Little Skater program, where the goal is that for every pair of skates that a big skater gets for the season, a brand donates a pair of skates to a BIPOC skater who is part of our Big Skater/Little Skater program. James says: *"Along with a pair of skates, they will also get a mentor. Maé, myself and [FSDIA founder] Elladj Baldé are the first three mentors and we have three skaters that we will be mentoring and motivating. Giving them some technical help. It's a connection so they can realize that they count, and we're here to encourage them to be their best."*

Let us all celebrate diversity as we remember that Black Lives Matter.

Faster, Higher, Stronger, Together.

Peace. Rev. Gail

Upcoming Services and Dates:

ALL SERVICES CAN BE VIEWED ON GRACE YOUTUBE CHANNEL, WHICH CAN BE ACCESSED THROUGH OUR WEBSITE:

www.graceunitedtavistock.com

Feb. 13th: 10:30 am 'Let's be the Church' AGM and Worship
via Zoom

Feb. 15th: 7:00 pm Board meeting - Zoom

Feb. 16th: 10:00 - 11:30 am Sit n' Knit Stay n' Crochet - Zoom

Feb. 20th: 10:30 am Online Service 'Jesus the Shepherd' Guest Leader Susan Humphrey
11:30 am Zoom Coffee and Connect

Feb. 26th: 4:30 - 7:00 pm 'Coldest Night of the Year' Walk

Feb. 27th: 10:30 am Online service 'Change of Transfiguration' led by the Worship Team
11:30 am Zoom Coffee and Connect

Mar 2nd: 10:00 - 11:30 am Sit n' Knit Stay n' Crochet - Zoom



Coffee and Conversation

Reminder: no coffee and conversation this Sunday, but you're welcome to bring your coffee along to worship as we gather on zoom at 10.30



Contact us

Rev. Gail Fricker: cell number 519-703-1954

Carol Young: cell number 519-301-1356

Office Email: graceunitedtavistock@gmail.com

E-transfer donation email: gracetavistockdonation@rogers.com

gfricker@rogers.com

tavigraceyouth@gmail.com

Office Hours

Rev. Gail Tues to Thurs 10:00—3:00 pm

Katherine Tues. and Thurs. 9:30 – 12:30 pm

Care and Communication Team

Rev. Gail 519 703 1954

Jean Lowe 519 655 3205

Marcia Bender 519 655 2047

Marianne Ruby 519 274 1422

Elizabeth Halliday 519 655 2246

Do you have a prayer request?

"In all things let your requests be known to God in prayer." (Philippians 4:6)

Grace has a group of wonderful and dedicated people that form a prayer chain. If you, or anyone you know is in need of prayer, please reach out to our Minister, Rev. Gail, or to the chair of Grace PCO, Bev Neeb, and we will begin praying for you.



- ◇ Pray for Norma Kaufman in St. Marys Memorial Hospital (St. Marys)
- ◇ Pray for Ivy Francis in hospital
- ◇ Pray for Dorothy Martin who is having cataract eye surgery on Monday.

Worship and Annual General Meeting: Sunday February 13th, at 10.30am via Zoom

Come and join us as we celebrate the life and work of Grace over the past year, and as we look towards our future together in faith, and approve our 2022 budget. The AGM will be held on zoom on Sunday February 13th, at 10.30am. There will be no service that day, but worship will be included as part of the meeting. We hope to see as many of you out as possible. Bring your own coffee - join in the celebration!

Annual reports were send out by email. If you would like a paper copy please let Katherine know. 519 655 2151 or graceunitedtavistock@gmail.com

Below is the link for the Zoom on Sunday, February 13th, link opens at 10:00 am

Join Zoom Meeting [Worship and Annual meeting](#)

Meeting ID: 833 7148 7494 Passcode: 790769

If you have poor internet, limited data or no internet, there is an option to join by phone. The phone numbers are listed below. Please use the Meeting ID and Passcode listed.

Dial by your location +1 587 328 1099 Canada +1 647 374 4685 Canada

+1 647 558 0588 Canada +1 778 907 2071 Canada +1 204 272 7920 Canada

+1 438 809 7799 Canada

Grace's "Creative in COVID" AUCTION UPDATE!

The fundraising team thanks everyone who donated items for our 'Creative in Covid' auction.

A full list and pictures of items will be sent out in next week's newsletter (Feb 18th), together with link to the auction.

The bidding will be **begin at 8.00am on Friday March 4th, and end at midnight on Saturday March 12th.**

Items will be displayed at church on Sunday March 6th in Zion Hall for viewing and bidding after church (for those that can not bid online.)

All bidding will be online, but if you do not have access to internet, then you can call in your bid by phoning Rev. Gail (519 703 1954) and she will place your bid for you, and keep you posted if you get overbid.

All winners will make their payment through the church - NOT online.



"Coldest Night of the Year" Initiative.

'The Graceful Walkers' now have 9 members on our team – Paul Bartlett, Mary Ann Krantz, Blair Yeomans, Carol and Wayne Shewfelt, Elizabeth Halliday, Tory Zehr, Joanne Bean, and Rev. Gail. Folks have been very generous in sponsoring us and we now have raised \$3195 – so we have raised our goal to \$3500. Thank you

Check out how the "Graceful Walkers" are doing by going on the internet to:

Support Graceful Walkers.

If you would like to make a donation by cash or cheque, please make it payable to 'The Coldest Night Of The Year', and on the memo line write 'Gail Fricker(Capt.)' – then drop it off at church, or call Paul or Rev. Gail to pick it up.



RECIPES FROM PAST YOUTH ACTIVITIES

Cinnamon Hearts

2 Tbsp (30 mL) granulated sugar

1 $\frac{1}{2}$ tsp (7 mL) ground cinnamon

1-11 oz (311g) tube of plain bread stick dough

Place the oven rack in the centre position. Turn the oven to 350F (175C). Grease baking sheet with cooking spray. Set aside. Put sugar and cinnamon into a bowl. Stir.

Unroll dough. Sprinkle dough with sugar mixture. Separate dough into 8 strips along perforations. Roll and twist strips into 14 inches (35 cm) long. Form strips into a heart. Pinch dough at top and bottom points of the heart.

Place hearts on a baking sheet. Bake for 18 to 20 minutes until golden. Put the baking sheet on a wire rack. Turn the oven off. Let cool for 5 minutes. Makes 8 hearts.



Step Into Story!

Have you ever wanted to learn to tell a good story? If so, join Rev. Gail as she teaches a 4-part online course through Five Oaks on Thursday evenings, starting March 10th. It will be a fun and interactive course, and no previous experience of storytelling is necessary. It will be great for anyone who just wants to try their hand at storytelling.

To find out more, or to register before March 8th, just click on this link:

[Five Oaks Step into Story: Using Folktales](#)



CROCHET SQUARE PROJECT

What is it?: The Tavistock Agricultural Society is promoting a community project to encourage artistic flair, crafting talent, and involvement in supporting the Fair event for 2022! If you can crochet, we ask that you crochet a 12-inch square and submit it to be assembled, with other squares, to make an afghan(s) that will be sold as a fundraiser. This is not a competition, and no prizes will be awarded.

Eligibility: All area residents, young and old, are eligible to enter. You may enter as many squares as you like.

Criteria for Entries:

1. All entries must be clean and smoke/perfume free.
2. The yarn used must be acrylic, worsted weight and any colour of your choice.
3. The square should be blocked and measure 12-inches square when completed.
4. Entries must be primarily crocheted, but other fiber, needle and crafting arts may be incorporated in your design. The overall impression must be crochet.

How to Enter:

1. Print your name, address and phone number on a piece of paper or card and attach this to your crocheted square.
2. Your entry(s) can be taken to the home of Julie Kimpel at 176 Hope St. E in Tavistock. Phone (519)590-1617 or
3. Call Janet Heinbuch at (519)273-4327 to make other arrangements for pick-up.
4. All entries must be submitted by March 31, 2022.
5. All entries become property of the Tavistock Agricultural Society.

The desire to create is one of the deepest yearnings of the human soul

~Elder Uchtdorf

