

GOOD NEWS AT GRACE

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'GraceUnitedTavistock'



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www.graceunitedtavistock.com

Blessings!

I have just spent a couple of days at the cottage, cleaning up and closing up for the season. Gardening in Autumn is a bit like cleaning up the day after a party. The event is over, yet there are visible reminders everywhere. Remnants of summer flowering annuals droop with wilting petals or stand in a line of flowerless stalks. Skeletal trees without their clothing of leaves make decorative shadows on the grass.



After a party, it may take a team of motivated workers to get stuck in and make short work of the tidying and cleaning, the storage of food and the rearrangement of the furniture. Or

perhaps a small handful of workers will move at a slow leisurely pace, taking time to pause and reflect on the season's experiences and to wonder and delight at the season's abundance.

In the Autumn garden there's plenty of work to be done. Tying up berry brambles, pruning fruit trees to avoid decay, transplanting trees or shrubs, planting bulbs and seeds, turning the soil, and generally feeding, fertilizing, mulching and composting. Yet even with all the chores, there's a sense of enjoyment and satisfaction in the success of the season that's been and a hope for the seasons yet to come.

The garden provides an endless scope for finding wisdom in our everyday lives. I wish you happy gardening this Fall.

Peace, Rev. Gail

Upcoming Services and Dates:

ALL SERVICES CAN BE VIEWED ON GRACE YOUTUBE CHANNEL, WHICH CAN BE ACCESSED THROUGH OUR WEBSITE:

www.graceunitedtavistock.com

Oct. 17th: 10:30 am Worship Service 'World Food Sunday'

Oct 19th: Mid Week Worship in the Community
- at the Renaissance

Oct. 20th: 10:00 am Sit n' Knit, Stay n' Crochet
7:00 pm Board Meeting

Oct 21st: 7:00 pm Worship Team meeting by Zoom

Oct. 24th: 10:30 am Worship Service 'Anniversary Sunday', Guest speaker Tavistock Assistance Program Director Deb Wagler

Oct. 26th: 9:00 - 12:00 pm Food for Friends Cooking in the kitchen

Oct 27th: 7:00 pm Care and Communion Team meeting - Knox Parlour

Oct. 31st: 10:30 am Intergenerational Sunday 'Fear Factor'
11:45 am Congregational Meeting
Great Grace Pie and Bake Auction follows

Nov. 7th: 10:30 am Worship Service - Remembrance Sunday

Nov. 14th: 10:30 am Worship Service 'The Power to Dream' and Covenanting Service with Rev. Gail

Nov. 21st: 10:30 am Intergenerational Children's Sunday
Project Good Tidings

Nov. 28th: 10:30 am Worship Service with Communion - Advent One



Sit n' Knit, Stay n' Crochet: We will meet this coming Wednesday 10:00 - 11:30 am and every 1st and 3rd Wednesday of the month. All are welcome.

Contact us

Rev. Gail Fricker:

cell number 519-703-1954

gfricker@rogers.com

Carol Young:

cell number 519-301-1356

tavigraceyouth@gmail.com

Office Email: graceunitedtavistock@gmail.com

E-transfer donation email: gracetavistockdonation@rogers.com

Office Hours

Rev. Gail Tues to Thurs 10:00—3:00 pm

Katherine Tues. and Thurs. 9:30 – 12:30 pm

Care and Communication Team

Rev. Gail 519 703 1954

Marcia Bender 519 655 2047

Jean Lowe 519 655 3205

Gloria Reibling 519 655 3255

Elizabeth Halliday 519 655 2246

Paul Bartlett 519 655 3334

Marianne Ruby 519 274 1422

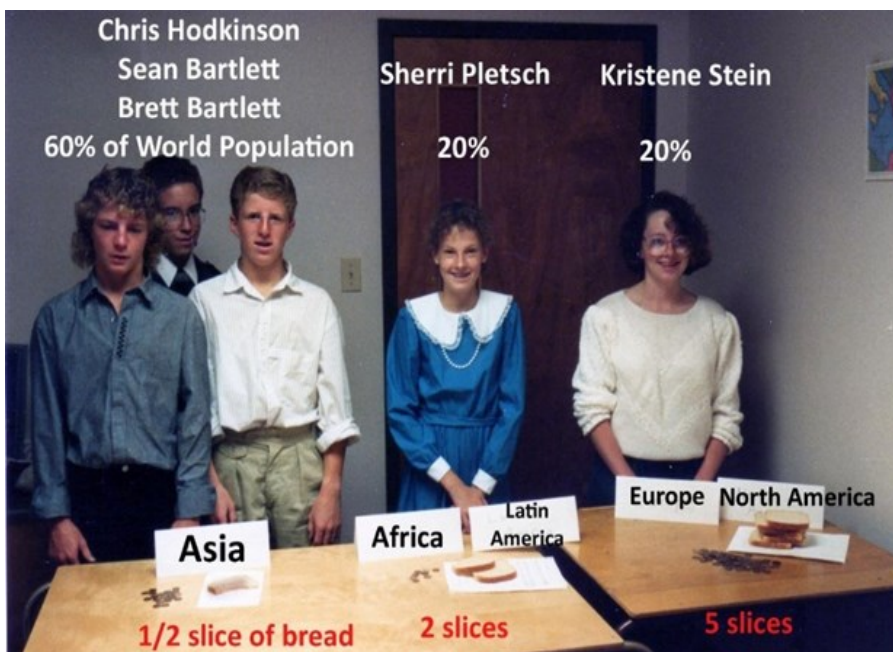
World Food Day

The Food and Agriculture Organization of the United Nations (FAO) created World Food Day to commemorate its founding in Quebec City, October 16, 1945. The goal of the FAO is to free humanity from hunger and malnutrition, and to effectively manage the global food system. World Food Day events are organized in over 150 countries across the world, making it one of the most celebrated days of the UN calendar. These events promote worldwide awareness and action for those who suffer from hunger and help strengthen the link between agriculture and food security.

Food for Thought!

In preparing for this week's theme of Food for the World, I remembered that back in 1989 when I taught the youth class Sunday School, we did a series on Food and Food distribution. Back then, over 30 years ago, we asked the question, "Is there enough food produced in the world to feed everyone?" And the answer is "Yes, more than enough!" And despite this there are huge numbers of people that are starving.

The youth group in 1989 tried to illustrate that even though there is enough food produced every year for everyone, it is not distributed equally around the world.



60% of the world's population as illustrated by Chris, Sean and Brett live in Asia,

20% as shown by Sherri live in Latin America

20% as shown by Kristene live in Europe and North America.

Yet if the total food supply in the world was represented by 7 ½ slices of bread, 5 of those slices would be in North America and Europe 2 slices would be shared by Africans and Latin Americans, and 60% of the world's population would have to share ½ of a slice of bread.

This was the situation in 1989 and, just like the climate crisis in 1992 when the Rio Summit met, 30 years later it has not changed. In fact, it is worse.

We know there's nothing wrong with Mother Nature; the problem lies in the choices we make for her. The causes of hunger are complex and so intertwined--poverty and unequal wealth distribution, climate change, conflict and political instability--it's natural to wonder how you and I are really ever going to make a difference. But, let each of us try to live out our mission.

Submitted by Paul Bartlett (member of Pastoral Care and Outreach)

Do you have a prayer request?

"In all things let your requests be known to God in prayer." (Philippians 4:6)

Grace has a group of wonderful and dedicated people that form a prayer chain. If you, or anyone you know is in need of prayer, please reach out to our Minister, Rev. Gail, or to the chair of Grace PCO, Bev Neeb, and we will begin praying for you.



Paper and cleaning products collection for TAP



Your pastoral care and outreach committee would like to invite you to again take part in a collection of paper and cleaning products for the Tavistock Assistance Program. TAP is grateful for such items as toilet paper, paper towels, Kleenex, diapers, cleaning and dishwashing products. Please bring your contributions to church on Sundays. If you are unable to do this, drop off at Bev's home or give her a call at 519 655-2695 and she will be happy to pick up your items. The drive will end on Sunday, Oct. 24.

Thank you, Pastoral Care and Outreach Committee



Get Baking Bakers

The Grace Fundraising team is organizing a Baking Auction on Oct 31st after church in Zion Hall. It's a chance to come together to have some fun, raise some funds, and snap up your favorite dessert!

Gary West will be our auctioneer.

We are looking for some tasty baking to auction off.

Pies, cookies, muffins, cakes – anything yummy! If you can contribute something for the auction -please let the team know by leaving a message (519 655 2151) or sending an email to the office (graceunitedtavistock@gmail.com)

All donations can be dropped off at the church on Saturday 30th 2-4pm, or on Sunday 31st 9-10am. Please clearly label all items with your name and contact number in order to comply with Health and Safety regulations.



Notice of Congregational Meeting

A congregational meeting will be held Sunday, October 31 following worship for the purpose of electing new representatives to serve on Session, Church Board, Trustees and Western Ontario Waterways Regional Council (WOW-RC) representatives. Nominations are now being accepted for Session (2), Board (2), and Trustees (1). We have two nominations for representatives for WOW-RC. Please prayerfully consider serving on Session, Board or Trustees.

The family of the late Verna Herold expresses our heartfelt thanks to all who have supported us through and during this difficult time, whether it was a smile, a handshake, a message, a telephone call, a card or even a hug or shared memories of our Mom. Your acts of love, comfort and kindness will always be remembered. Also, thank you to Rev. Gail for her guidance and the wonderful farewell service. We would like to share the link to watch the service with you. [A Celebration of Life Service for Verna Herold](#)



WANTED – GLASS JARS (size: 3-4 cups)

We are looking for about 20 large empty mason jars – with or without lids; size 3-4 cups would be best. These are needed for our fun and interactive activity for the Intergenerational service on Oct 31st. If you can help, please let Rev Gail or Carol know, and drop the jars off by Sunday 24th. Thanks!

A message from Chair of the Board

I am excited that our Anniversary Sunday is coming up on 24th October. 52 Years is something to celebrate! As you may know, we usually have special Anniversary Offering Envelopes to celebrate this occasion. We all approved for \$8500 in Anniversary givings in the 2021 budget.

This year, we are not sending out special request letters. We know it has been a tough year for all. But, if you are able, we are encouraging you to give a little bit extra to help us meet our budgeted goal. We are inviting you to pick up a special blue envelope on your way out of worship on Oct. 17, and then bring them to the Special Anniversary Service next week on Oct 24th, or visit the office this coming week to pick up an envelope or drop it off– remember to mark it with your offering envelope number. You can also make a special donation using E-transfer, please send to gracetavistockdonation@rogers.com (password: Grace1980), make sure to include in the message 'Anniversary Offering'. (Please note that e-transfers are accepted weekly on Fridays.)

AV Equipment Update

We hope that you are enjoying our new A/V equipment. We would like to share a little update. The total cost for A/V and office equipment was \$24,000. We are grateful to all those who donated a total sum of \$6260—a plaque will be created soon. In addition we received grants totaling \$6500 from the United Church of Canada. The remaining money is being taken from the Grace Living Legacy Fund. Thank you for supporting this special project.

Anne Gregory

	Month of	Aug	
		2020	2021
<i>A mini monthly financial update for the month of Aug. Look for Sept update next week.</i>	Core Receipts	8,906	7,945
	Misc. Receipts *	1,320	3,032
	Total Receipts	10,226	10,977
	Expenses	8,732	9,317
	Surplus/Deficit	1,494	1,660

A recipe to share from *The Prayer Bench: Hodge Podge*” - a taste of Nova Scotia

While hodge podge can mean a combination of any number of things, here in Nova Scotia it means supper is on. This traditional local dish is a delightful way to incorporate fresh seasonal ingredients for a simple-to-make but delicious one-pot meal. This recipe combines beans, carrots and peas, but the beauty of the dish is its ability to adapt to what’s fresh and seasonal.

1 cup	green beans, ends trimmed
1 cup	yellow beans, ends trimmed
1 cup	fresh peas, shelled
10	baby carrots, halved
4	potatoes, cut into chunks
1/2 cup	butter
1/2 cup	heavy cream
1/2 cup	whole milk



Directions

1. Place beans, peas, carrots and milk to a medium-sized pot. Season with salt and pepper and then bring to a boil.
 2. After it reaches a boil, reduce the heat to a low simmer, checking often.
 3. Add the potatoes, butter and cream. Simmer for about 45 minutes or until the potatoes are cooked through.
- Taste and then season with more salt and pepper, if desired. Serves 4

FRESH TOMATO SALSA

1 ripe local tomato
½ green pepper chopped
1/8 onion chopped
Sprinkle of chili pepper
1 tsp lemon or lime juice
A big splash of olive oil
½ tsp tomato paste
½ tsp ground cumin
Sprinkle or two salt and pepper



Toss everything together in a bowl until well combined. Enjoy with Tortilla chips!

Carol Young

PLEASE SEND IN YOUR FAVORITE RECIPES TO INCLUDE IN THE GOOD NEWS AT GRACE.

GRACE'S GREAT BAKE

AUCTION!



October 31st

Zion Hall. After Church



Come and have some fun!

Bid for your favorite dessert!

Treat bags for kids too!