

Grace United Church October 8, 2021

GOOD NEWS AT GRACE

116 Woodstock St. S. PO Box 189 Tavistock ON N0B 2R0

graceunitedtavistock@gmail.com

519-655-2151



'GraceUnitedTavistock'



'Grace United Tavistock'



www.graceunitedtavistock.com

A Closer Look At Thanksgiving

Blessings to you All.

Joyce Rupp writes in her book *The Circle of Life* that “thanksgiving is a time to look beneath our external lives for the unwavering love, the ceaseless peace, and the enduring strength that lie in the deep waters of our soul.”

These words spoke to me, as we face yet another Thanksgiving in the pandemic. We may still not be able to hold the large family gatherings that we would like – and we may feel that our strength is waning. But Rupp suggests that “the more we trust in the unknowable depths of our existence, the more the power of gratitude can become a daily song.”

What do you struggle with today?

What might lie beneath that struggle for which you can give thanks?

I invite you to reflect on this poem from Joyce Rupp:

If you look at a sunset, you might see only the disappearance of daylight.

If you look beneath, you may see darkness opening the splendor of the stars.

If you look at illness and disease, you might see only physical diminishment.

If you look beneath, you may see it as a teacher bringing you wisdom.

If you look at a broken relationship, you might see only a harsh ending.

If you look beneath, you may see the courageous seeds of new growth.

If you look at lost dreams, you may see only disappointment and doubt.

If you look beneath, you may see the stuff that new dreams contain.

If you look at the death of a loved one, you might see only pervasive sorrow.

If you look beneath, you may see that love lives on forever in the heart.

If you look at the planet's pain and creatures; woe you might see only despair.

If you look beneath, you might see in the compassionate care of many.

If you look for the Divine being, you might see mostly unresolved questions.

If you look beneath, you may be astounded at the availability of Divine love.

Peace, and Happy Thanksgiving. Rev. Gail

Upcoming Services and Dates:

ALL SERVICES CAN BE VIEWED ON GRACE YOUTUBE CHANNEL, WHICH CAN BE ACCESSED THROUGH OUR WEBSITE:

www.graceunitedtavistock.com

Oct. 10th: 10:30 am Thanksgiving Sunday

Creation 3: Be Grateful for Me

Oct. 17th: 10:30 am Worship Service 'World Food Sunday'

Oct 19th: Communion in the Community - at the Renaissance

Oct. 20th: 10:00 am Sit n' Knit, Stay n' Crochet

5:00 pm Care and Communion Team meeting - Knox Parlour

7:00 pm Board Meeting

Oct. 24th: 10:30 am Worship Service 'Anniversary Sunday', Guest speaker Tavistock Assistance Program Director Deb Wagler

Oct. 26th: 9:00 - 12:00 pm Food for Friends Cooking in the kitchen

Oct. 31st: 10:30 am Intergenerational Sunday 'Fear Factor'

11:45 am Congregational Meeting

Nov. 7th: 10:30 am Worship Service - Remembrance Sunday

Nov. 14th: 10:30 am Worship Service 'The Power to Dream'

Nov. 21st: 10:30 am Intergenerational Children's Sunday

Project Good Tidings

Nov. 28th: 10:30 am Worship Service with Communion - Advent One



✠ **Prayers to all the family members of Verna Herold** who passed away on Monday, October 4th. Friends and family are welcome to the visitation at Francis Funeral Home on Fri. Oct. 8th from 2-4 pm and 7-9 pm. The funeral service will take place at Grace United Church on Sat. Oct. 9th at 11 am, all are welcome.

Contact us

Rev. Gail Fricker:

cell number 519-703-1954

gfricker@rogers.com

Carol Young:

cell number 519-301-1356

tavigraceyouth@gmail.com

Office Email: graceunitedtavistock@gmail.com

E-transfer donation email: gracetavistockdonation@rogers.com

Office Hours

Rev. Gail Tues to Thurs 10:00—3:00 pm

Katherine Tues. and Thurs. 9:30 – 12:30 pm

Care and Communication Team

Rev. Gail 519 703 1954

Jean Lowe 519 655 3205

Paul Bartlett 519 655 3334

Marcia Bender 519 655 2047

Gloria Reibling 519 655 3255

Marianne Ruby 519 274 1422

Elizabeth Halliday 519 655 2246

Do you have a prayer request?

“In all things let your requests be known to God in prayer.” (Philippians 4:6)

Grace has a group of wonderful and dedicated people that form a prayer chain. If you, or anyone you know is in need of prayer, please reach out to our Minister, Rev. Gail, or to the chair of Grace PCO, Bev Neeb, and we will begin praying for you.

And please keep the following people in your prayers this week:

- ◇ The family of Verna Herold as they mourn her passing
- ◇ Dianne Harris and family, as Dianne’s mom struggles with ill health
- ◇ Jim Patterson as he recovers from surgery



Paper and cleaning products collection for TAP

Your pastoral care and outreach committee would like to invite you to again take part in a collection of paper and cleaning products for the Tavistock Assistance Program. TAP is grateful for such items as toilet paper, paper towels, Kleenex, diapers, cleaning and dishwashing products. Please bring your contributions to church on Sundays. If you are unable to do this, drop off at Bev's home or give her a call at 519 655-2695 and she will be happy to pick up your items. The drive will end on Sunday, Oct. 24.



Thank you, Pastoral Care and Outreach Committee

PROOF OF VACCINATION PASSPORTS

Ontario has now moved into another new phase; we are being required to prove that we are double vaccinated by presenting Vaccination Passports at various places. I want to update you on what this means at church.

We are **NOT** required to ask for a vaccination passport for anyone entering for worship. While we are encouraging and recommending everyone to be double vaccinated, we open our doors to be inclusive of everyone.

We MUST ask for proof of vaccination for anyone using the building for any other reason – this includes all meetings, rentals, or anyone entering the building for any maintenance.

The guideline is the law that has been passed down to us by the United Church Western Ontario Regional Council. If you have any questions about this, feel free to reach out to Rev. Gail. Please, let’s work together to keep everyone safe.

During worship we do ask that your mask be worn at all times and covering your face properly. It should be covering your mouth and nose. Thank you for your co-operation in complying with the public health guidelines.

Notice of Congregational Meeting

A congregational meeting will be held Sunday, October 31 following worship for the purpose of electing new representatives to serve on Session, Church Board, Trustees and Western Ontario Waterways Regional Council (WOW-RC) representatives. Nominations are now being accepted for Session (2), Board (2), and Trustees (1). We have two nominations for representatives for WOW-RC. Please prayerfully consider serving on Session, Board or Trustees.



Fall Cooking

With the arrival of fall comes seasonal cooking with crock pots and pots of soup. We invite you to send us your favourite cozy fall recipe to graceunitedtavistock@gmail.com. We will share with the congregation in this space for the next few weeks.

Lets start with a fall staple **Pumpkin Bread Loaves**

| | |
|------------------------------|-----------------------|
| 3 1/2 cups all purpose flour | 1/4 tsp baking powder |
| 2 tsp baking soda | 1 1/2 tsp salt |
| 1 tsp cinnamon* | 1 tsp nutmeg* |
| 1 tsp cloves* | 1 1/2 cup white sugar |
| 1 1/2 cup brown sugar | 1 cup vegetable oil |
| 2 cup canned pumpkin puree | 4 large eggs |

*Adjust the spice to your taste.

Grease two 9x5 inch loaf pans. Preheat oven to 350F. In a large bowl, whisk together the flour, baking powder, baking soda, salt, cinnamon, nutmeg and cloves. Add the white and brown sugar and mix well to combine. Add the oil and pumpkin and stir until well combined. Add eggs one at a time, blending/whisking thoroughly after each addition, until batter is smooth. Pour into two prepared loaf pans, dividing evenly. Bake at 350 F for 50—60 minutes or until toothpick comes out clean.

