

GOOD NEWS AT GRACE

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'GraceUnitedTavistock'



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www.graceunitedtavistock.com

"My grace is sufficient for you, for my power is made perfect in weakness."

(2 Corinthians 12:9)

What does 'Grace' mean to you?

A very dedicated group of ladies have been meeting each week over the last year to study the book, *"The Bible in 52 Weeks"* by Kimberly Moore. Each week we read several chapters of a book from the bible (and sometimes several books), then we come together to discuss our readings, and chat about some questions posed by Kimberly Moore. Sometimes we end our meeting with a short spiritual practice based on our readings.

Last week we read Paul's letters to Corinthians and concentrated our discussion on 2 Corinthians 7-13. Our discussion focused on the question of what is grace? - We chatted about the concept of Cheap Grace vs Costly Grace. Theologian Dietrich Bonhoeffer writes:

"Cheap grace is the preaching of forgiveness without requiring repentance, baptism without church discipline, Communion without confession, absolution without personal confession. Cheap grace is grace without discipleship, grace without the cross, grace without Jesus Christ, living and incarnate."

Costly grace is the gospel which must be sought again and again, the gift which must be asked for, the door at which a man must knock. Such grace is costly because it calls us to follow... It is costly because it costs a man his life."

We also discussed Philip Yancey's thoughts on grace from his book *"What's So Amazing About Grace"*. He writes:

"Grace means there is nothing we can do to make God love us more and there is nothing we can do to make God love us less."

Each member of the group gave their definition of what grace meant to them:

Linda Reid: ***Grace is not getting what we deserve, and getting what we don't deserve.***

Tory Zehr: ***Grace is patience, understanding, compassion.***

Tricia Wettlaufer: ***My definition of grace is an act that is kind, compassionate and caring.***

Bev Neeb: ***Grace is the unexpected and undeserved blessings we receive, no strings attached, from God and those around us.***

Rosemary Stein: ***Grace is a gift of kindness and love, pardon and forgiveness from God for wrongs or failures committed against others and God.***

Marylou Ross: ***Grace is love, compassion, and abundance.***

We invite you to reflect on: *how you would define grace? How does grace change the way that you live your life?*

And, of course, we invite you join us any Tuesday night from 7-8pm as we continue with our study. [Bible Study zoom link](#) Meeting ID: 842 8547 2754 Passcode: 418807



Starting Monday 24th, I invite you to join me in **"Stroll for Your Soul."** Every Monday, Wednesday, and Friday, until the end of June, I will be using a resource from **The Prayer Bench** by Janice MacLean that guides us through a contemplative practice of paying attention and being present in the moment. The theme we are exploring is *Homes*. Think nests, think burrows, think sheds and shells. We'll look for a diversity of homes as we go on a stroll, and learn how each habitat helps us notice something about the wonder and sacredness of our Earth Home.

Each day offers a spiritual practice, a reflection, a poem, or a photograph giving direction and encouragement for you to spend time strolling in your neighbourhood. The focus will be to help you notice the glories of Spring and deepen your awareness of seeing the Divine in the ordinary. The Inspirational message will help you weave stillness and mindful reflection into your daily Stroll (or roll, or run) around the neighbourhood, or as you look out your window or door with intention. During the Stroll you might want to keep a journal and make written notes or drawn entries about moments of wisdom or insight that come from being company with nature. You might want to take photos or write about moments of awe or beauty – we may even post some of those in the newsletter. There is no right or wrong way to participate in Stroll – just be willing to enter into it with eyes open, hearts open, and celebrate the sacred in daily life around us.

Contact us

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Office Email:	graceunitedtavistock@gmail.com	
E-transfer donation email:	gracetavistockdonation@rogers.com	

Office Hours

*The office hours are limited due to the provincial stay at home order.
We will work from home as much as possible.*

Sunday Zoom Coffee Time

Please join us on zoom at 11:30 on Sunday for a time of social chat and get together - bring your own coffee!



[Join zoom link](#)

Meeting ID: 826 0595 8995

Passcode: 848020

If you are having trouble connecting or staying connected, please connect with Carol Young 519-301-1356.

Upcoming Services and Dates:

(until further notice, all the worship services will be online)

ALL SERVICES CAN BE VIEWED ON GRACE YOUTUBE CHANNEL, WHICH CAN BE ACCESSED THROUGH OUR WEBSITE:

www.graceunitedtavistock.com

May 23rd: Spirit Filled, Guest Speaker Susan Humphrey LLWL

May 26th: Sit n' Knit Stay n' Crochet Zoom Meeting

7:00pm Board Zoom meeting

May 30th: Holy One, Holy Three, Holy Divine, Holy Communion



Rev. Gail working from home, study leave - In keeping with the Stay at Home order, Rev. Gail will be mostly working from home. She is still available by phone at anytime (519 703 1954), please don't hesitate to reach out, and she can make emergency pastoral visits as needed. Rev. Gail will be away on study leave from May 17th- May 24th to attend the Homiletics Festival. Rev. Keith Reynolds is available for emergency pastoral care while Rev. Gail is on study leave and can be reached at 226-880-3539.



Sit n' Knit Stay n' Crochet ~ Looking for yarn donations

Even though we can't meet in person we are still able to meet bi-weekly over Zoom. We are busy knitting and crocheting prayer shawls and are in need of more yarn. If you have any yarn you would like to donate please contact the church and arrange for drop off. Thank you in advance for your donations!

Technology Update. Grace United Church applied for a United Church of Canada Technology Grant. Good news, we just found out we were approved for the \$1500 grant by the Western Ontario Waterways Regional Council. This grant will be used to cover 50% of the cost of the camera and tripod for recording worship, the church office computer and software, and the Zoom Meeting License—everything is now working smoothly. Rev. Gail is hopeful that we can now apply for the \$5,000 Improvement Grant for the new screens, projectors, and sound equipment for the sanctuary.

Do you have a prayer request?

“In all things let your requests be known to God in prayer.” (Philippians 4:6)

Grace has a group of wonderful and dedicated people that form a prayer chain. If you, or anyone you know is in need of prayer, please reach out to our Minister, Rev. Gail, or to the chair of Grace PCO, Bev Neeb, and we will begin praying for you.

And please keep the following people in your prayers this week:



- ◇ Brenda Mohr's brother, Pat, as he was recently diagnosed with an aneurism.
- ◇ Burns Holden as he struggles with health issues.
- ◇ Verna Herold as she was recently admitted to hospital.
- ◇ The family of Ruth Mutch as they mourn her passing.

Camp Bimini Needs FACE MASKS



As Camp Bimini prepares for summer camp, they need to have 300 face masks to give to children who don't have a mask, lose theirs, or need a clean one! They need to be 3 layers, and be of various sizes for young children - teens.

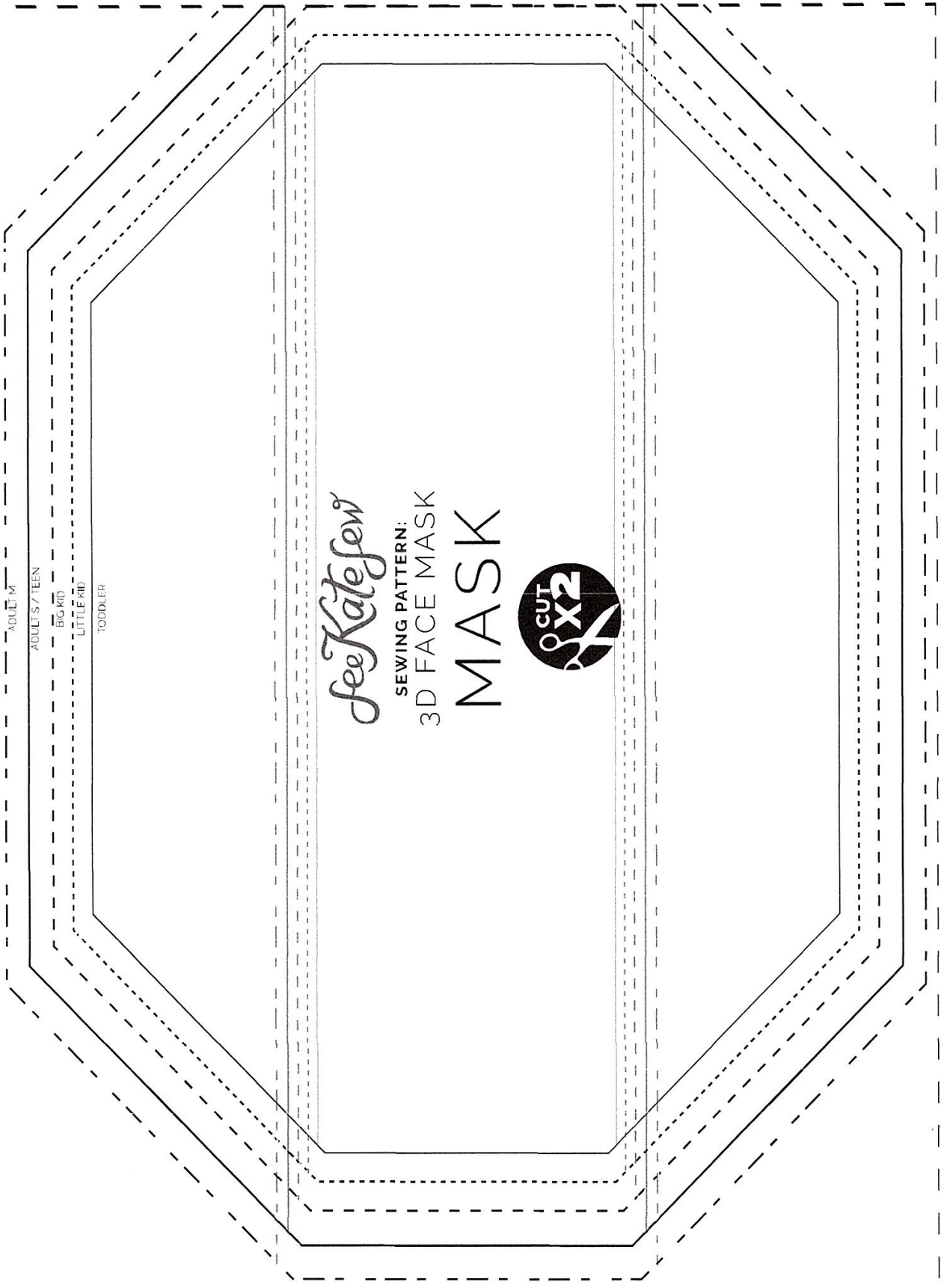
Rev. Mary has sent us an easy sew pattern (see the next page). She uses a twisted pipe cleaner for the nose bridge. She has also shared this video tutorial:

[Video: how to make a face mask](#)

If you have a sewing machine, or are handy with a needle - let's help Carol Young and Camp Bimini meet their goal. All finished masks can be dropped off at Grace United sometime mid June. Please package each mask in a small baggie marked as child or adult.



Good News at Grace Submissions We welcome your good news stories and pictures along with announcements. Please have your submissions emailed to Katherine by Tues. May 25 for next week's newsletter.
graceunitedtavistock@gmail.com



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BIG KID
LITTLE KID
TODDLER

See Kate Sew

SEWING PATTERN:
3D FACE MASK

MASK



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TODDLER

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SEWING PATTERN:
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FILTER POCKET



1"