

GOOD NEWS AT GRACE

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'GraceUnitedTavistock'



'Grace United Tavistock'



www.graceunitedtavistock.ca

*We sing of God's good news lived out,
a church with purpose:
faith nurtured and hearts comforted,
gifts shared for the good of all,
members of a community held and inspired by God,*

Blessings to you All!

The words above are taken from the United Church Song of Faith. It was written in 2006, and it seeks to provide a verbal picture of what The United Church of Canada understands its faith to be in the 21st century. I am particularly drawn to it this week because I truly feel that Grace United is "a church with a purpose."

The last two weeks have been busy, but I can clearly see that you are a community of faith that is inspired by God.

- I have enjoyed being part of the laughter of the Sit and Knit group – and marvel at the way in which these ladies reach out in love to those in need.
- I am honoured that the ladies in the 52 weeks Bible Study group are willing to share their personal stories, challenges, and joys with me, as we grow together in our faith journeys.
- I loved being part of the Pastoral Care and Outreach team as we cooked in the kitchen together and we delivered food to some of our senior members – sharing hospitality of food is a wonderful way of sharing God's love.
- I am grateful for the willingness of the worship team to be involved in worship, and their openness to new ideas to bring the word of God alive.
- Working with all the staff here is amazing – Carol, Katherine, Deb, Bev and Keith are not only welcoming, but the way in which they work together as a team speaks to being the Body of Christ.
- Sometimes we might struggle to see God working in the administration and 'business' of the church – but I've experienced Grace's board meetings as Spirit led, with a strong sense of listening to each other with respect.

These are all examples of how I've seen God at work here at Grace in the last two weeks. You have much to celebrate as a community of faith for you do indeed nurture faith, comfort hearts, and share your gifts for the good of all. Thank you for welcoming me into your community.

Peace, Rev. Gail

Upcoming Services and Dates:

(until further notice, all the worship services will be online)

ALL SERVICES CAN BE VIEWED ON GRACE YOUTUBE CHANNEL, WHICH CAN BE ACCESSED THROUGH OUR WEBSITE:

www.graceunitedtavistock.ca

March 14th: Lent 4 - Covenant of Healing (Numbers 21:4-9)

Wed. Mar.17: 7:00 pm Board Meeting by Zoom

Sat. Mar. 20: 10am -12 noon Drive Thru for TAP

March 21st: Lent 5 - Covenant of Hope (Jeremiah 31:31-34)

March 28th: Palm Sunday – Halle Halle Halle (Mark 11:1-11)

April 2nd: Good Friday – Were you there?



Sunday Zoom Coffee Time

Please join us on zoom at 11:30 on Sunday for a time of social chat and get together - bring your own coffee! Rev. Gail would love to get to know some faces.

[Join zoom link](#)

Meeting ID: 839 4023 9337

Passcode: 392122



If you are having troubles connecting or staying connected, please connect with Carol 519-301-1356

A Spiritual Practice on 10 Commandments, adapted from Keruru Publishing

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Last Sunday we reflected on the scripture of The 10 Commandments. These ancient Jewish laws were written in stone. These rules of living were an agreement made between God and Moses about how people live in community with God, and in community with others.

Gather several different sized stones to form a cairn. Cairns exist across the ages and across cultures; they have served various purposes including landmarks and navigation. They can also be a spiritual practice on prayer.

As you place each stone, listening to the clink it makes against the previous stone; pray a one sentence prayer about a commandment or promise from God that helps you navigate your daily life and faith.

Contact us:

Rev. Gail Fricker, cell number 519-703-1954

gfricker@rogers.com. Office Hours

for Rev. Gail Tues. to Thurs. 10:00—4:00 pm

Carol Young, tavigraceyouth@gmail.com

cell 519-301-1356

Office Hours for Katherine Brenneman Tues. and

Thurs. 9:30—12:30 pm

Birthdays and Anniversaries

Even though we can not meet in person – we have not forgotten you! We would like to wish the following members of Grace Family a Happy Birthday:

Rebecca Walker March 8

Fionn McBride March 8

Katrina Stevely March 10

Mike McKay March 12

Clayton McKay March 13

Beatrice Finck March 15

Harlyn Lange March 16

Ron Rudy March 16

Jason Shantz March 17

Lauryn Riebling March 17

Simon Ruby March 18

Rick Walker March 19



Alexis Shantz March 20

Carol Mordue March 20

Sharon Walker March 21

Heather Harris March 22

Leanne Bayer March 23

Jenine Stock March 23

Hazel Jackman March 24

Zachary Clarke March 24

Nathaniel Brown March 27

Jayden Ruby March 28

Glen Fryfogel March 31

Please call them up and remind them that their church family celebrates with them!

We would like to celebrate all birthdays and anniversaries at the beginning of each month, but we need your permission to list you in our celebration list. If you **DO NOT** wish to be included in the Birthday and Anniversaries list, please let the office know by email (graceunitedchurch@rogers.com). And don't worry – your age will stay a secret!

Do you have a prayer request?



“In all things let your requests be known to God in prayer.” (Philippians 4:6)

Grace has a group of wonderful and dedicated people that form a prayer chain. If you, or anyone you know is in need of prayer, please reach out to our Minister, Rev. Gail, or to the chair of Grace PCO, Bev Neeb, and we will begin praying for you.

And please keep the following people in your prayers this week:

- ◇ Ken Brenneman, and his wife Karen, as Ken gets rest and recuperation in Stratford General Hospital.
- ◇ Donna and Clarence Herlick, and family, as Donna struggles with cancer.

A Grace United Church Youth and RECESS project

Grace United Church Drive-thru for TAP Saturday, **March 20th 10 am to 12 noon**. They are NOT accepting food items at this time. We are collecting the following items:



diapers (all sizes),
toilet paper,
facial tissue,
hygiene items such as soap
deodorant,
toothpaste.



Tavistock Assistance Program <https://tapisforyou.com/>

Palm Sunday is just around the corner!

It will be a virtual palm parade this year. We will be creating a short video of everyone waving their palm branches.



So – come by the church from 10-12 on Saturday March 20th to pick up your palm branch. Rev. Gail will record you waving your branch right then and there, or she can visit you to do a safe distance video on your front porch, or you can send in your own video.

Let's see if we can get everyone involved in Jesus' entry into Jerusalem.

If you could take a few minutes to complete the [Video/Photo Release Form](#) on the website, that would be greatly appreciated. Please click on the document and fill out the form. Save it and email to the church or Carol Young.

Please fill out the for permission to use your photo in a video.

'Step into the Story' Rev. Gail leads an on-line workshop series in partnership with Five Oaks



Five Oaks

Learn how to bring scripture and sacred story alive through the ancient art of storytelling. Step into the shoes of biblical characters to gain a deeper sense of Spirit and an understanding of a chosen scripture. This course is designed to help anyone who wants to use storytelling in worship, in ministry with seniors or youth, or who just wants to explore a new way to spiritually reflect.

No previous experience of storytelling is necessary. It will be fun, interactive, and practical.

Join a small group in March/April for this 4 week session hosted by Five Oaks. We will meet once per week on Monday evenings on zoom for a 1.5 hour session of lecture, discussion, reflection, storytelling, and story listening. There will be an opportunity to work on your own story between sessions.





A group of women have been meeting throughout the year every Tuesday 7-8pm with Rev Mary, reading the bible and sharing thoughts. They are using the study 'The Bible in 52 Weeks' as a guideline. They're now on week 39 and invite any lady to join them! If you are interested, or just want more details, contact Rev. Gail: gfricker@rogers.com or call 519 703 1954.

The Pastoral Care and Outreach Team At Work!



This week some members of the Pastoral Care and Outreach Team made lunch packages for some of our seniors. There was lots of laughter in the kitchen as they bagged up the treat and arranged for drivers to deliver them.



What a wonderful way to share love with others! Thank you!

And – if you didn't get a meal this time, we are hoping to do this again in the future.

E-transfer Donations

Grace is now able to receive your donation by e-transfer. Please set your online banking e-transfer contact up as Grace United Church and use the email gracetavistockdonation@rogers.com Make sure the treasurer knows the password. And include in the message what your donation is designated for. If you have any questions please call the office 519-655-2151. Thank you for your giving generosity.

Good News at Grace Submissions

We welcome your good news stories and pictures along with announcements. Please have your submissions emailed to Katherine by Tues. March 16th for next week's newsletter. graceunitedchurch@rogers.com

Grace United Church

Drive-thru Drive for T.A.P.!

Saturday, March 20 10 am to 12 noon

in Grace UC parking lot

116 Woodstock St. S, Tavistock



Collecting:

Diapers (all sizes)

Toilet paper

Facial tissue

Body soap

Shampoo

Deodorant

Toothpaste

NO FOOD ITEMS AT THIS TIME

*Please watch for further details regarding drop-off
instructions, requirements and guidelines.*

A Grace UC youth and RECESS project